THE Catholic Conference CENTER

Engagement Agreement for Spiritual Direction

Agreement between:

Spiritual Director Rev. Mr. Scott D. Gilfillan

Spiritual Directee _____

Date of Agreement _____

By entering a relationship with a spiritual director, our hope is that you are about to embark upon an incredible journey of spiritual growth and renewal. To provide some basic guidelines in this relationship, here are some basic points of agreement.

Our Relationship

You are meeting with your spiritual director because you want to examine your spiritual life. The following link to Guidelines for Ethical Conduct explains the roles in a general way. Although we believe it is appropriate at times to discuss psychological and relational difficulties in the context of spiritual direction, a spiritual director is not a psychotherapist and does not provide such services. Similarly, you recognize that spiritual direction is not financial advice and any decisions and actions you may take in these regards are purely your responsibility.

Confidentiality

The director will hold conversations in strict confidence. The time together is sacred. The director will not reveal the content of our conversations unless required to do so by law or court order. On the other hand, you are free to share whatever you choose about our conversations with anyone.

Fees

The fee per one-hour session is up to the directee's discretion. The usual amount is between $40 and $100. Fee aside, anyone desiring spiritual direction will receive it. Presently, spiritual direction with Deacon Scott Gilfillan is a service provided by the Catholic Conference Center. He will donate any stipends to the center. Checks should be made out to **Catholic Conference Center**. Alternatively, you can make an online payment following this link: www.catholicconference.org/payment. Other spiritual directors may be solicited by the conference center. Stipends for other directors will be between the directee and the director.

Time of Sessions and Changes

We commit to begin and end our sessions on time. If you wish to change your appointment, you will let the director know at least 24 hours in advance by emailing or calling. Without this notice, you will pay for the appointment time. The director will not call or send you reminders for the sessions. The frequency of sessions is usually monthly, but can be modified depending upon the needs of the directee. If you would like to briefly share a success or a problem with the director between sessions, you may freely do so via e-mail, voice mail or text with no expectation of additional stipends.

Evaluation of Relationship

After three sessions, it is recommended that the directee and director evaluate their relationship and make any changes needed going forward.

Please sign and return a copy of this agreement.

_____ _____

Spiritual Directee Date Spiritual Director Date

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